Create a Media Message:

Select one of the following messages:

- **1** Believe in Yourself
- 3 Love Your Body
- **5** Become a Community Volunteer
- 2 Make Healthy Food Choices
- 4 Protect Your Environment
- 6 Promote Active Living

Select a Media Type:

- 1 Poster/Billboard
- 3 Radio
- **5** Web Based

- 2 TV Commercial
- 4 Song
- 6 Newspaper/Magazine

Media is used to communicate a message to a lot of people. For this activity, you will create a media message.

Your goal is to influence the mind of others. Be creative and be prepared to share your media message.

- 1) Which media will your media message focus on?(TV, Radio, You Tube)
- 2) Which media type will you produce? (Skit, poster, written...)
- 3) Who will the media message be targeted at?
- 4) What will your slogan/title or jingle be?
- 5) How will you make your media message effective?
- 6) What impact do you intend for it to have on people?

